

Training Report on Qualitative Research
2026

Title: Understanding and Undertaking Qualitative Research

Course Dates: February 12, 13, 19, 20, 27, and 28, 2026

Name of Course Instructor/Co-trainers: J. K. Lakshmi, Gracy Andrew, Nanda Kishore Kannuri

Topics Covered: Qualitative research methods, tools, data collection, analysis, and reporting

No. of participants trained: 12

Course Fee: INR 6000

Training Program Schedule

| Components | Component wise brief of performed activities |
|-------------------|--|
| Lectures | <ul style="list-style-type: none"> ● Overview of the structure and design of a qualitative research project ● The researcher in qualitative research ● Formulating research questions, overview of methods, and tools ● Collecting data ● Recording data ● Data preparation and processing |
| Hands on Training | <ul style="list-style-type: none"> ● Practising data collection tools, specifically interviews, FGDs, and observation ● Understanding coding and thematic analyses ● Presenting (describing) qualitative data in text & audiovisuals ● Participant presentations |
| Field Visits | - |
| Lab visits | - |
| Any other | - |

Faculty Utilization

PHFI Institute of Public Health Sciences (Deemed to be University)

| S.No. | Name of Faculty | Designation | Specialization | No. of teaching hours |
|-------|-----------------|----------------|--|-----------------------|
| 1 | J. K. Lakshmi | Professor | Health Promotion, Qualitative research | 14 |
| 2 | Gracy Andrew | Head, Training | Mental Health, Qualitative research | 13 |

Visiting Faculty

| S.No. | Name of Faculty | Designation | Specialization | No. of teaching hours |
|-------|-----------------------|--|------------------------------------|-----------------------|
| 1 | Nanda Kishore Kannuri | Associate Professor, University of Hyderabad | Anthropology, Qualitative research | 1 |

Summary of Training provided with photographs

Twelve participants were trained in the basics of qualitative research, via online sessions for 8 hours over 4 days, and in-person sessions for 1.5 days. Discussion and practice were facilitated in qualitative research methods, tools, data collection, analysis, and reporting.



Feedback of students (Learning Outcomes)

- All participants found the course relevant and engaging. 11 out of 12 found the in-person hands on training most useful. Most participants found the course informative and well structured. They recommended a longer in-person session to understand development of tools, conducting qualitative research and data analyses more deeply.

Feedback of Course Instructor/Co trainers (challenges faced and recommendations):

- Online classes are convenient for all (participants and instructors) and more economical for participants, but do not permit much interaction and practical work, particularly in groups. We could have more activity on WhatsApp or use other online tools such as miro boards and virtual classrooms. More time could be set aside for breakout groups in online sessions to facilitate group work. Further, we could increase the in-person component duration.
- Running an in-person programme in an environment-sensitive way requires planning and commitment. It works out to be economical, interesting (local foods and articles), and easy to implement. We planned the provisions for this course very carefully and it worked out well and was appreciated by the participants as well.

Areas of Improvement (effectiveness of course):

- We could include more in-person time for practical exercises and consultation on participants' projects.

- We could engage in longer-term contact with participants for review of their projects and reports.

Certificate



Statement of Expenditure

| S.No | Description | Income(INR) | Expense(INR) | Balance(INR) |
|------|-------------------|-------------|--------------|--------------|
| 1 | Registration fees | 57600 | | |
| 2 | Food & Beverage | | 4180 | 53420 |
| 3 | Miscellaneous | | 505 | 52915 |
| | Total | | 4685 | 52915 |

Signature of Course Instructor with date

Signature of Head-Training Committee with date

Date: 26th March 2026